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From the Director’s Desk

For UNT Press in 2018 we were blessed with six awards and honors for our books: Accidental Activists; We Were Going to Win, or Die There; Single Star of the West; Ornament; Ordered West; and From Santa Anna to Selena, with the last title receiving two! See page eleven for details.

Our award-winning title Accidental Activists also highlights our collaboration with UNT’s Mayborn Literary Nonfiction Conference, where this project won first place in the manuscript competition and earned copublication between the Mayborn and UNT Press.

This year we continued our collaboration with the Texas Ranger Hall of Fame and Museum in Waco with the publication of two books—Old Riot, New Ranger and The Ranger Ideal Volume 2—both of which were awarded the Texas Ranger Bicentennial Seal.

Finally, last year UNT Press began a new partnership with UNT Dallas College of Law with a copublication, On the Jury Trial, which was our #1 bestseller this year!
Spring 2018 Releases

T-BONE WHACKS AND CAVIAR SNACKS:
Cooking with Two Texans in Siberia
and the Russian Far East
Sharon Hudgins
with recipes by Sharon & Tom Hudgins

“Though the volume reveals much that is exotic, there is also an underlying message of our shared humanity and the universal pleasures of communal dining.”—Foreword Reviews

THEY CALLED HIM BUCKSKIN FRANK:
The Life and Adventures of Nashville Franklyn Leslie
Jack DeMattos & Chuck Parsons

“The authors chronicle what is known of Leslie’s life, dispel the legends, and have come up with an important and readable bio.”—True West

THE AEF IN PRINT:
An Anthology of American Journalism in World War I
Edited by Chris Dubbs & John-Daniel Kelley

“Covers every moment . . . of the war ‘over there,’ from the day U.S. involvement began, on April 6, 1917, to the Armistice of November 11, 1918.”
—News Media Alliance
Spring 2018 Releases

FROM SANTA ANNA TO SELENA:
Notable Mexicanos and Tejanos in Texas History since 1821
Harriett Denise Joseph

“A brilliant and well-documented book about people [who] have made a lasting contribution to the character and culture of Texas.”
—Corpus Christi Caller Times

VASSAR MILLER PRIZE IN POETRY
THE GOAT SONGS
James Najarian


THE BEST AMERICAN NEWSPAPER NARRATIVES,
VOLUME 5
Edited by Gayle Reaves

“Readers should select this compilation for two reasons: its literary excellence, and its newspaper reporting superiority.”
—Midwest Book Review

NEW IN PAPERBACK

NO HOPE FOR HEAVEN, NO FEAR OF HELL:
The Stafford-Townsend Feud of Colorado County, Texas, 1871-1911
James C. Kearney, Bill Stein & James Smallwood

ALL OVER THE MAP:
True Heroes of Texas Music
Michael Corcoran

JOURNALS

• Military History of the West 47
• Theoria 24
• Journal of Schenkerian Studies 11
CAPTAIN JACK HELM: A Victim of Texas Reconstruction Violence
Chuck Parsons
Foreword by Kenneth W. Howell

“[Jack Helm’s] story is worth the telling, and Chuck Parsons has done it well.” — Tombstone Epitaph

HIGHER EDUCATION IN TEXAS:
Its Beginnings to 1970
Charles R. Matthews

The first book to tell the history, defining events, and critical participants in the development of higher education in Texas from approximately 1838 to 1970.

THE PHANTOM VIETNAM WAR:
An F-4 Pilot’s Combat over Laos
David R. “Buff” Honodel

“An extraordinary and very highly recommended addition to both community and academic library 20th Century American Military History collections in general, and Vietnam War supplement studies reading lists in particular.” — Midwest Book Review

Fall 2018 Releases
THE RANGER IDEAL, VOLUME 2:
Texas Rangers in the Hall of Fame,
1874-1930
Darren L. Ivey

“The Ranger Ideal Volume 2 is highly recom-
mended for public and college library American
History and Texas History collections, as is the
previous volume in the series, The Ranger Ideal
Volume 1.” —Midwest Book Review

YOU SHOOK ME ALL
CAMPAIGN LONG:
Music in the 2016 Presidential
Election and Beyond
Edited by Eric T. Kasper
& Benjamin Schoening

This collection explores the role
music has played in American
presidential campaigns, from
1840’s “Tippecanoe and Tyler
Too” to the rallies and campaign
stops of the 2016 election.

THE SAN SABA
TREASURE:
Legends of Silver Creek
David C. Lewis

In 1868, four treasure hunters
searched for a legendary lost
mine on the San Saba River.
150 years later, David C.
Lewis set out to discover the
history behind that legend.

KATHERINE ANNE PORTER
PRIZE IN SHORT FICTION
QUANTUM CONVENTION
Eric Schlich

“Schlich’s first solo story collection
showcases a formidable ability to
walk the emotional tightrope be-
tween uncanny setups and deeply
relatable characters.”
—Publishers Weekly
BEN THOMPSON: Portrait of a Gunfighter
Thomas C. Bicknell & Chuck Parsons
“The latest gunfighter biography on the market is also one of the most comprehensive ever written.”—The Tombstone Epitaph

FLYING WITH THE FIFTEENTH AIR FORCE: A B-24 Pilot’s Missions from Italy During World War II
Tom Faulkner & David L. Snead, Editor
“The 8th Air Force is better known than the 15th, but Faulkner’s memoir brings some of the spotlight to a lesser-known bombardment group.”—Denton Record-Chronicle

OLD RIOT, NEW RANGER: Captain Jack Dean, Texas Ranger and U.S. Marshal
Bob Alexander
“Dean’s life story is one of a wide-ranging law enforcement career . . . always only a heartbeat away from excitement or terror.”—Brazosport Facts

New in Paperback

WAR IN EAST TEXAS: Regulators vs. Moderators
Bill O’Neal

ON THE JURY TRIAL: Principles and Practices for Effective Advocacy
Thomas M. Melsheimer & Judge Craig Smith

A DIFFERENT FACE OF WAR: Memories of a Medical Service Corps Officer in Vietnam
James G. Van Straten
Readers often chuckle at the title of my new book, *T-Bone Whacks and Caviar Snacks: Cooking with Two Texans in Siberia and the Russian Far East*. Most Americans imagine Siberian food as nothing but seal blubber and raw reindeer meat. Later they say how surprised they were to read that people eat very well in Siberia. Some have even told me, “I didn’t know they had vegetables in Siberia!”

I can understand that. Much of the Asian side of Russia—Siberia and Russia’s Far East—was off-limits to foreigner travelers during the Soviet era, and food shortages in Russia were often reported in the Western media. So when my husband, Tom, and I accepted teaching positions at two universities in Asian Russia shortly after the collapse of the Soviet Union in the early 1990s, we thought we’d be living in a culinary backwater at best, a gastronomic wasteland at worst.

We were in for a surprise.

In addition to being a professor, I was already a professional food writer, and Tom was an accomplished cook. So our genuine interest in food opened many doors to us in Russia. Russian friends shared their family recipes with us, many of them passed down through generations. They invited us to Easter and New Year celebrations, to weddings and birthdays. Native Siberian Buriats prepared a traditional feast for us in their little town. And we enjoyed hosting Russian guests at our own dinner parties, where we introduced them to the new tastes of French, German, Spanish, and Tex-Mex dishes.

It wasn’t always easy. The “stoves-from-Hell” in our tiny apartments functioned erratically. Food shopping was a daily chore, and sometimes certain products disappeared for weeks from the open-air markets. Our Tex-Mex dinner was a flop. But we also discovered that Siberian cooks actually had a wide range of ingredients available, which they turned into delectable dishes from colorful soups and salads to sophisticated desserts.

I’ve returned to Asian Russia many times since the 1990s, and I’ve seen how modernity has changed the culinary landscape, bringing Western-style supermarkets, foreign restaurants, and new food products. Along the way I also collected recipes from home cooks, market vendors, and railroad chefs, with the idea of writing the first cookbook in America about the Asian side of Russia—a book to dispel the many misconceptions about Siberian cuisine. As one surprised reviewer recently wrote, “Who would even guess that Siberia has food with an Asian influence?”
A Biographer’s Legacy

by Chuck Parsons

Each of us thinks of the legacy we will leave behind. Will the books we’ve written influence anyone? A young person thinking of becoming a writer? We will perhaps never know. We hope, we hope so. I hope that the biographies I have written and contributed to leave the world with significant works on a man’s life. The biography *Ben Thompson: Portrait of a Gunfighter* is the most complete biography of Thompson yet written, and perhaps there may be no need for yet another. Yet Tom Bicknell, my co-author, and I know full well that no biography is ever definitive . . . as someone someday will discover a diary, or a letter, a newspaper item or something which adds to the man’s life. The same must be said of the biography *The Notorious Luke Short: Sporting Man of the Wild West* and *They Called Him Buckskin Frank: The Life and Adventures of Nashville Franklyn Leslie*. The two biographies, written with Jack DeMattos, are the most complete yet, yet someday they may be replaced.

I was most fortunate in 2018 to have three books published by UNT Press – biographies of Jack Helm, Buckskin Frank Leslie and Ben Thompson, the latter two co-authored. *Captain Jack Helm: A Victim of Texas Reconstruction Violence* was all mine, not with a co-author. Questions remain about each character for which we failed to find the answers, especially Jack Helm. For example: exactly what happened to Minerva McCown Helm, Jack’s first wife? And what happened to his second wife? Where did she live and did she remarry after Jack’s early and violent death? Perhaps someday someone will find the answers.
Behind the Stories: The Shaping of *Quantum Convention*

by Eric Schlich

While studying for my PhD at Florida State, I took a class called “Crafting the Debut Short Story Collection,” taught by the talented writer Jennine Capó Crucet, author of *Make Your Home Among Strangers* and *How to Leave Hialeah*. Unlike work-shops that were focused on feedback for new stories, this class examined published story collections for insight into the structuring of book-length works.

Here’s what I learned:

1. **Order defensively.** Put your best story first. Put your second-best last. Put your third-best second. You might be tempted to order thematically. Don’t. The judges of these contests will be reading strategically. They will pay the most attention to the opening stories and the final one. Which begs the question: how do you know which are your “best” stories? By learning to…

2. **Trust your readers.** I’m consistently shocked by my blindness to my own work. One of the stories I believed to be strongest was disliked by my workshop and was ultimately cut. Another that I perceived to be weaker (“The Keener”) was a favorite and was promoted to one of the “sweet spots” in the final ordering.

3. **Shorter is better than longer.** When given the choice between trying to fix a weaker story or hide it in a defensive ordering, do neither—instead, cut it. I cut 4 stories from the manuscript that workshop read, dropping the collection from 11 to 7 stories. A story I wrote and added later ended up becoming my new title story, bringing the final manuscript up to 8 stories, but keeping it under 200 pages.

4. **Breadth vs. Cohesion.** The eternal struggle. You want your collection to have variety so readers don’t feel they keep reading the same story in different clothing, but also be unified enough to feel like the stories belong together. I strategically spaced out stories featuring men with intimacy issues (“Not Nobody, Not Nohow,” “Merlin Lives Next Door,” and “Lipless”) with coming-of-age stories of childhood (“The Keener,” “Night Thieves,” and “Journal of a Cyclops”). These were the two predominant threads of the collection and I didn’t want stories that were too similar next to each other.

5. **Branding.** I get squeamish when it comes to thinking of my writing as a “brand,” but it’s inevitable once you begin publishing. *Quantum Convention* is literary fiction in a Science-Fiction & Fantasy wig. It’s in the vein of my favorite magical realist writers—George Saunders, Karen Russell, Kelly Link. I frontloaded weirdness, opening with a parallel universe convention and a fairy-tale about keeners and banshees to set the reader’s expectations.

I’ll leave you with a lesson I learned not from that work-shop, but from real world experience, which is this:

6. **Persevere.** *Quantum Convention* was rejected by 31 book contests—and a finalist in four—before winning the Katherine Anne Porter Prize. So keep revising, but also keep submitting. You never know when the right judge will read your work.
2018 was a very busy year for UNT Press author Harriett Denise Joseph! Her book, *From Santa Anna to Selena: Notable Mexicanos and Tejanos in Texas History since 1821*, was given not one, but two prestigious book awards this year.

In August, the book was given the 2018 Clotilde P. Garcia Tejano Book Prize Award. The prize is given annually by the Tejano Genealogy Society of Austin, and was established in order to give books on Tejano heritage more visibility and recognition by scholars, historians, and the media, as well as to bring attention to Tejano heritage, history, and contributions. This award was named in honor of Dr. Clotilde Perez Garcia.

In October, Dr. Joseph’s book received the 2018 Ottis Lock Endowment Best Book on East Texas History Award, given annually by the East Texas Historical Association. The Ottis Lock Award seeks to recognize outstanding writing and publishing on the subject of East Texas history.

Congratulations to Dr. Joseph on a banner year for her book!
SINGLE STAR OF THE WEST: The Republic of Texas, 1836-1845
Kenneth W. Howell & Charles Swanlund, Eds.
Alamo Society Best Book of 2017

ACCIDENTAL ACTIVISTS:
Mark Phariss, Vic Holmes, and Their Fight for Marriage Equality in Texas
David Collins
Finalist, Foreword Reviews INDIES Awards

ORDERED WEST: The Civil War Exploits of Charles A. Curtis
Alan D. Gaff & Donald H. Gaff, Eds.
Finalist, The New Mexico/Arizona Book Awards

ORNAMENT
Anna Lena Phillips Bell
Honorable Mention, The Brockman-Campbell Book Award

WE WERE GOING TO WIN, OR DIE THERE:
With the Marines at Guadalcanal, Tarawa, and Saipan
Roy H. Elrod, Edited by Fred H. Allison
2018 Marine Corps Heritage Foundation Colonel Joseph Alexander Award
UNT Press at the 2018 WWHA Roundup

UNT Press enjoyed a busy year at the 2018 Wild West History Association Roundup! The 11th annual meeting was held in Springfield, Missouri, from July 18-21. Director Ron Chrisman attended, along with UNT Press authors Chuck Parsons, Thomas C. Bicknell (pictured top right), Bill O’Neal (pictured bottom right), and Jack DeMattos (pictured left.) Mr. DeMattos even took home an award: the Six-Shooter Award for Outstanding Contribution to Wild West History. This lifetime achievement award is given annually in recognition of the author’s expertise and excellent writing on Wild West individuals and history.

Signings, Sales, and Sun at 2018 Texas Book Festival

This year’s Texas Book Festival drew over 40,000 visitors and more than 300 authors—and the weather couldn’t have been better! After several days of rain, the State Capitol grounds were sunny and mild all weekend. Sharon Hudgins, author of T-Bone Whacks and Caviar Snacks, and Chuck Parsons, author and co-author of Captain Jack Helm, Ben Thompson, and They Called Him Buckskin Frank, signed and sold copies of their books onsite. Many Consortium member presses were present as well, including Texas A&M University Press, Texas Christian University Press, Texas Review Press, and the Texas State Historical Association.
**McCaslin Speaks at Preserving Texas History Celebration**

In May, Dr. Richard B. McCaslin, author of *Sutherland Springs, Texas*, was the special guest lecturer for this year's Preserving Texas History Celebration at the Scottish Rite Cathedral in Dallas. McCaslin spoke on the history of the Texas Rangers. The event featured refreshments and living history reenactors.

**T-Bone Whacks Author Travels with New Book**

Each year Sharon Hudgins uses her expert knowledge on Siberia and the Russian Far East to guide tours and give presentations overseas, and this year *T-Bone Whacks* was able to go with her! In June Sharon presented lectures aboard a Viking cruise in the Baltic Sea (pictured below left.) Later Sharon boarded one of the Golden Eagle Luxury Trains, a trans-Siberian rail tour company owned by Tim Littler (pictured below right.) Upon returning to the U.S., Sharon hosted a book launch in her beautiful home (below center), where guests were able to purchase signed copies of the book and sample delicious Russian and Siberian desserts.

**On the Jury Trial Flies Off the Shelves in 2018**

The authors of *On The Jury Trial* spoke and signed books at four events this year, from SMU’s Dedman School to the Belo Mansion in Dallas.

**Blaze Stirs up a Frenzy of Good Press**

Ethan Hawke directed *Blaze*, the movie inspired by Sybil Rosen’s 2008 memoir, *Living in the Woods in a Tree*. Rosen co-wrote the script with Hawke and joined the cast as well, playing her own mother in the film. *Blaze* premiered at this year's Sundance Film Festival, and has received widespread critical acclaim from *Rolling Stone*, *The New York Times*, *Variety*, and many more.

**Schlich Launches New Book**

Eric Schlich launched his short story collection, *Quantum Convention*, at a book release party on the SUNY Fredonia Campus in November. Students and faculty attended and had their copies signed.

**Parsons’s Books Sell, from Front Porches to Lecture Halls**

Chuck Parsons, who authored and co-authored three books in 2018, sold books and gave lectures in a wide array of venues this year. In August, Parsons and co-author Thomas C. Bicknell gave a talk on Ben Thompson at the Austin History Center. For a change of pace, Parsons also sold books at Mom’s Front Porch, a shop in Luling!
Selected Events

Collins, Phariss, and Holmes Join LGBTQIA+ Panel Discussion

In February, Accidental Activists author David Collins, along with subjects Mark Phariss and Vic Holmes, participated in a panel discussion hosted by several Raleigh, North Carolina-area LGBTQIA+ groups. The discussion centered on effective approaches to LGBTQIA+ advocacy.

Dubbs Gives Memorial Day Presentation on World War I Journalism

The AEF in Print co-editor Chris Dubbs (pictured right) spoke at a Memorial Day service at the Bethel United Methodist Church in Titusville, Pennsylvania. Dubbs’ presentation included a general history of World War I, as well as an overview of the journalism of the period.

Donut Dolly Joann Kotcher Visits Classrooms, Libraries, and More

Donut Dolly author Joann Puffer Kotcher gave presentations and signed books at several events this year, including appearances at the Caroline Kennedy Library in Dearborn Heights, Michigan, the Quincy Library in Quincy, Michigan, and a class for young writers in Auburn Hills, Michigan, which included tips and techniques for the budding authors. In an article in The Daily Reporter, Kotcher described her book as “a historic fragment of what it is to be a warrior . . . It is not politically correct, it is historically correct.”

Allison Wins Prestigious Marine Corps Award

Fred H. Allison, editor of We Were Going to Win, or Die There, received this year’s Colonel Joseph Alexander Award, which is given annually by the Marine Corps Heritage Foundation for a distinguished work of biographical literature about a Marine. Allison was honored at a special ceremony at the National Museum of the Marine Corps in April.

Alexander Wins Lifetime Achievement Award

Prolific UNT Press author Bob Alexander was honored at the Father of Texas Awards Banquet at the Brazoria County Historical Museum in Angleton. Alexander received the Catherine Munson Foster Memorial Award for Literature, which recognizes writers who have made significant contributions to the public’s understanding of Texas history and lore.
For Authors:
Three Tips to Maximize Marketability

By Zane Hill,
UNT Press Marketing Assistant

1. Explore Social Media
Social media platforms are convenient tools for authors looking to connect with their audiences. Utilize platforms such as Twitter, Facebook, and Instagram to share news with your audience and build relationships with readers.

2. Make Connections
Making connections with readers is vital to retaining your audience. Build relationships with fans and let them know you appreciate their dedication. This will help your book’s marketability—and yours as well!

3. Make it Personal
When connecting with readers, don’t focus too much on promoting your work. Share what’s happening in your life and connect with readers on a personal level. Think simple, like what you’re having for lunch or something you’re working on.

Changing the Tune Author Tables at Annual JEN Conference

Carolyn Glenn Brewer signed copies of her book on the Kansas City Women’s Jazz Festival at this year’s Jazz Education Network Conference, which was held in Dallas in January. Brewer also gave two scheduled presentations at the conference.

O’Neal Gives Address at Annual Meeting

UNT Press author and former Texas State Historian Bill O’Neal (pictured left with Historian General Liz Hedges) gave the banquet address at the 2018 Daughters of the Republic of Texas Meeting. This year, the press issued a reprint of O’Neal’s 2006 book, War in East Texas—a history of the Regulator-Moderator War, a large feud that took place in the Redlands area of East Texas from 1839 to 1844.

Exhibits

UNT Press books were exhibited at the following conferences/events and locations in 2018. Those in bold were attended and staffed by UNT Press personnel; those not in bold were book exhibits as part of the Texas A&M Consortium or another combined exhibit.

- Association of Writers & Writing Programs, March, Tampa, FL
- Alamo Society, March, San Antonio, TX
- Texas State Historical Association, March, San Marcos, TX
- Texas Folklore Society, April, Lubbock, TX
- Texas Library Association, April, Dallas, TX
- American Musicological Society, April, McKinney, TX
- Society for Military History, April, Louisville, KY
- Central Texas Historical Association, April, Brenham, TX
- Preserving Texas History Celebration, May, Dallas, TX
- Southern Association for Women Historians, June, Tuscaloosa, AL
- International Latina/o Studies, July, Washington, DC
- Wild West History Association, July, Springfield, MO
- Mayborn Literary Nonfiction Conference, July, Grapevine, TX
- Sharon Hudgins T-Bone Whacks book party, September, McKinney, TX
- American Musicological Society/Society for Music Theory, November, San Antonio, TX
- East Texas Historical Association, October, Nacogdoches, TX
- Western Historical Association, October, San Antonio, TX
- Texas Book Festival, October, Austin, TX
- UNT Hurley Military History Seminar, November
Ben Abercrombie
Editorial Assistant

Ben Abercrombie is a 28-year-old graduate from the University of North Texas, and he is currently pursuing his master's degree in Creative Writing/Poetry from UNT. During his time with the Press, he has had the privilege of engaging with manuscripts at almost every stage of publication, all while working in tandem with the authors themselves. From copy editing to page proofing to final design work, each new assignment is a tremendous learning opportunity and a chance to see how the medium he so loves comes into being.

While his list of favorite books shifts and changes periodically, he counts Designed for Flight by Gregory Fraser and Post— by Wayne Miller as persistent sources for those little chills you get on the back of your neck. He hopes to one day share his earnest passion for poetry by working as a creative writing professor at a university. When he is not editing manuscripts or piecing together his own post grad work, Ben likes good coffee, good friends, and video games.

Zane Hill
Marketing Assistant

Zane Hill is an 18-year-old undergraduate student who works as the Marketing Assistant for the UNT Press. Zane is a Media Arts major and writes and directs films. He has written, directed, and produced six short films, one of which was an official selection in three Film Festivals, and written and directed three plays. He is currently in production for three films. Zane plans on attending the University of Southern California's Screenwriting Graduate Program upon graduation from North Texas. He hopes to one day write and direct for television.

Zane also writes music, poetry, and short stories. His favorite book is Big Little Lies by Liane Moriarty, which was adapted for television and is now an HBO series starring Reese Witherspoon, Nicole Kidman, Shailene Woodley, and Laura Dern.
Top 10 Bestsellers

1. “The book shares many invaluable points, frequently outside the context of typical plaintiff trial work, and it offers readers tips and ideas they may not have seen elsewhere.”— *Trial*

2. “Honest, unbiased look at the troubled career and existence of one of America’s greatest songwriters.”— *Kirkus Reviews*

3. “This book is a welcome addition to the lore of the Texas Rangers.”— Jim Wilson, *True West*

4. “Gross takes on a unique storytelling style as he recounts all of his war stories. A good read for anyone looking to round out their aviator tool bag.”— *Aviation Digest*

5. “All Over the Map constitutes an indispensable addition to the literature and secures Corcoran’s place among Texas music’s best chroniclers.”— *Texas Books in Review*
For Fiscal Year
September 2017-August 2018

“There are a number of War in the Pacific oral histories, but this oral history stands tall, one of the best . . . This is a must read.”
—Journal of America’s Military Past

“Command Culture has received much critical attention and is shaping an ongoing debate about American officer education.”
—John T. Kuehn, Michigan War Studies Review

“Rosen’s language is often striking . . . and her self-examination and discursive commentaries are perceptive, even wise.”
—Madison Searle, Texas Music

“First published 20 years ago, Lavergne’s book remains the definitive account of the 1966 University of Texas tower shooting in Austin.”—LA Times

“Thomas C. Bicknell and Chuck Parsons’ dual research and writing effort has created one of the finest biographies of a Western gunfighter published in recent years.”—True West
Feel like getting a little adventurous with your holiday desserts this year? Sharon Hudgins, author of *T-Bone Whacks and Caviar Snacks*, has generously shared a favorite recipe from her new book with us!

**Siberian Pine Nut Meringues**

*Prize Winner, 2017 Dallas Morning News Holiday Baking Contest*

- 1/2 cup pine nuts
- 1 cup sugar
- 2 teaspoons cornstarch
- 4 large egg whites, at room temperature
- 1 teaspoon vanilla extract
- 1/8 teaspoon salt

1. Toast the pine nuts for 8 to 10 minutes in a preheated 325°F oven. Let them cool, then coarsely chop.

2. Preheat the oven to 225°F. Line with parchment paper 2 baking sheets that can fit side by side on the middle rack of your oven.

3. Whisk the sugar and cornstarch together in a small bowl. With an electric mixer on high speed, beat the egg whites, vanilla, and salt together in a large bowl until soft peaks form. Decrease mixer speed to medium, and very slowly add the sugar, beating constantly. Scrape down the sides occasionally with a rubber spatula. Then increase mixer speed to high and beat the egg whites until stiff peaks form. Egg whites should still be glossy, not dry. Gently fold in the chopped nuts.

4. Drop the mixture by well-rounded teaspoonfuls onto the baking sheets, placing the meringues 1/2-inch apart.

5. Bake at preheated 225°F for 1 hour, then turn off the oven and leave the meringues inside for 2 more hours. Be patient: Do not open the oven door! Store the meringues in a tightly covered container. (The flavor is even better a day or two later.)